

TRAFFIC ADVISORY

SATURDAY, JANUARY 24TH, 2026

7:30 AM – 9:30 AM

LIFE TIME[®]

MIAMI

TROPICAL 5K

MIAMI, FL – The following road closures will take place on Saturday, January 24th, 2026 for the Life Time Tropical 5K produced by Life Time – Healthy Way of Life Company. The race will begin at 7:30 AM at Watson Island by the Miami Children's Museum and will proceed to Miami Beach via the MacArthur Causeway, south on Alton Rd & finish on South Pointe Dr. All participants are completely off the course by 9:30 AM for the reopening of the roads, however, most of the roadways will be clear before then due to the rolling reopening procedures. Traffic will be managed by the City of Miami and Miami Beach Police Departments.

Mile	Street	Direction	From	To	Rolling Street Closure	Anticipated Street Reopening
0.0-2.5	MacArthur Causeway	Eastbound	Watson Island	Alton Road	4 AM	9:00 AM
2.5-3	Alton Rd	Northbound	5th Street	South Pointe Drive	5 AM	9:30 AM
2.5-2.6	Alton Rd	Southbound	5th Street	4th Street	5 AM	9:30 AM
3-3.1	S South Pointe Drive	Westbound	Alton Road	Collins Court	4 AM	9:30 AM



For Additional Information

PLEASE CONTACT:

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